

Intergenerational Prayer Pack



Over summer for many churches and communities, the team is smaller, congregants are away and many run intergenerational services.

Prayer stations are a powerful addition to any intergenerational service, helping bring together people of all ages in creative corporate prayer.

Using this guide:

As you look through this guide you will see the activities are grouped into P.R.A.Y:

P=Pause

R= Reflect and Rejoice

A= Ask

Y= Yield (saying yes!)

We recommend including a mix of P.R.A.Y prayer activities, depending on the size of your space and the vision of your ministry. Read through the leaders guide on the 24-7 Prayer GB website and print out the activities you would like to use for your service from this pack.

Example service structure:

Worship: Why not ask people to suggest a worship song they would like to sing, make space for young people to dance and play as you worship.

Bible Passage: Invite some of the children to come out and read the Bible passage – you could ask the children beforehand, so they are prepared to read.

Game: Play a game that links to your Bible passage and message, get people from all generations up to join in.

Message: Share a short message linked to your Bible verse - have a prompt underneath seats or creative materials so young and old and draw and hold something as a reminder of the message. (We loved an example where the message was on Jesus as the cornerstone, and everyone had a stone to hold and write a word of encouragement on to build up the body of Christ!)

Response: – prayer activities!

It's time to move about and creatively pray together, use this pack to find prayer activities that work for your message and context or let them inspire you to come up with your own.



Be Still

Bible Verse: *"Be Still, and know that I am God"*
Psalm: 46-10

Instructions:

1. The word *'holy'* simply means *'set apart'*.
2. For hundreds of years, people have discovered that being set apart from other people helps them to be more aware of themselves and also of God.
3. In our busy world, this isn't easy.
4. This is a place to be still. This is a *'holy'* space.
5. There is no need to talk, no need to do anything. Just *'be'*.



Bubble Tube

Bible Verse:

*This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us.
1 John 5:14*

Instructions:

1. Watch the bubbles as they rise through the tube.
2. Try to follow one from the bottom to the top – they always reach the top.
Christians believe that our prayers always reach God.
3. If you want to, write or draw your thoughts or prayers on a Post-it note and stick it on the bubble tube.



One Body

Bible Verse: *"You are the body of Christ. Each one of you is a part of it."
1 Corinthians 12:27*

Instructions:

1. Read through the bible verse, 1 Corinthians 12:12–27.
2. We are all part of the body of Christ. Yet we all have different giftings, talents, hopes and dreams AND we are uniquely made in the image of God.
3. Together we work even better.
4. Did you know that no two fingerprints are the same? In the entire world! We are so different to one another, yet we make up the body of Christ. WOW!
5. Using the inkpad, press your finger into your chosen colour, then add it someone inside the body shape to represent you in the body of Christ.



Banner of thankfulness

Bible Verse: *'Give thanks in all circumstances'.
1 Thessalonians 5:18*

Instructions:

1. 1 Thessalonians 5:18 says, ***'Give thanks in all circumstances'***. We have so much to be thankful for in our lives!
2. Write what you want to thank God for on a piece of bunting.
3. Peg your piece of bunting to the string, to add your thanks alongside others!
4. Psalm 1:8 says, ***'I will give thanks to you, Lord, with all my heart; I will tell of all your wonderful deeds'***. Take your time to read others thankfulness and praise him for these too!



Under Your Umbrella

Bible Verse:

*“As for God, his way is perfect:
The Lord’s word is flawless;
he shields all who take refuge in him.”
Psalm 18:30*

Instructions:

- Umbrellas protect us from the rain.
- When we feel scared or upset, we can ask God to look after us and to protect us.
- Who do you know that needs protection at the moment? Are there people in your community who might be worried or scared or upset?
- Write down a prayer for them and tie it to the umbrella - a visible sign of your prayer for God's protection.
- As you do thank God that he is our shield and protector.



Fizzy Forgiveness

Bible Verse:

*"Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."
Ephesians 4:31-32*

Instructions:

1. We all carry pain from ways that people have hurt us, and we have all made mistakes.
2. Do you need to ask for forgiveness, or do you need to forgive someone else?
3. Pick up a tablet and think about what you are surrendering to God – either pain from a difficult situation, or the sin you are turning away from.
4. When you feel ready, drop the tablet into the water.
5. If you are forgiving someone else, watch the tablet dissolve and imagine letting go of the grudge you have been holding.
6. If you are receiving forgiveness for yourself, watch the tablet dissolve and imagine it is your sin being dissolved in God's mercy and love.



Build One Another

Bible Verse:

"To one there is given through the Spirit a message of wisdom, to another a message of knowledge by means of the same Spirit"
1 Corinthians 12:8

Instructions:

As Christians we believe we are a community that can encourage each other. God can give us words of knowledge for other people to help encourage them.

1. What is something you hear God saying? It could be something kind, it could be something encouraging, it could be something to do with healing.
2. Write or draw what you think God might be saying.
3. Now ask God who it is for.
4. Go and give it to that person to encourage them.



Big Questions

**Bible
Verse:**

*"Before they call I will answer;
while they are still speaking I will hear."
Isaiah 65:24*

Instructions:

Imagine God is sitting in the room with you.

1. Think for a moment. If you could ask God one question right now, what would it be?
2. Write your Big Question onto the cardboard.
3. Peg it up with the others.



Living Stones

**Bible
Verse:**

"you also, like living stones, are being built into a spiritual house to be a holy priesthood"
1 Peter 2: 5

Instructions:

- Jesus is the foundation stone of the spiritual house God is building. We are all part of this, as the body of Christ.
- Take a piece of card shaped like a stone and write your name on it.
- Stick your name onto the big piece of card.
- Look at all the names of people in God's house, thank God for everyone, and for Jesus who is the foundation.



Build my Life

Bible Verse: *"Enter his gates with thanksgiving
and his courts with praise;
give thanks to him and praise his name."
Psalm 100:4*

Instructions:

1. Jesus is the foundation stone of the spiritual house God is building. We are all part of this.
2. Take a block and write your name on it.
3. Now add it to the foundation stone JESUS or those around already building on Jesus.
4. Look at all the names of people building God's house, thank God for everyone, and for Jesus who is the foundation.