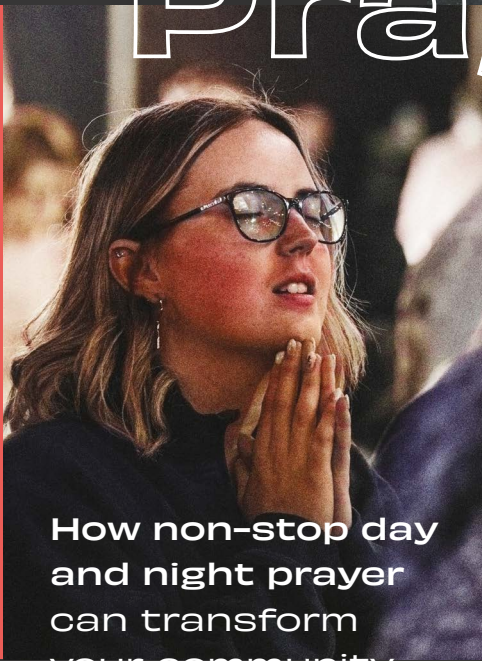
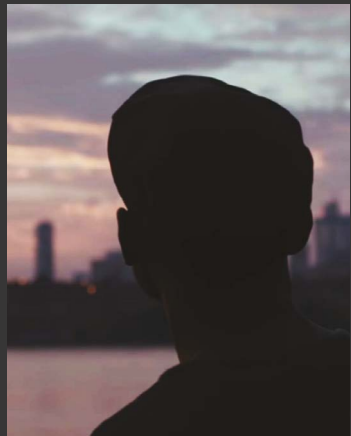




Why 24-7 Prayer?



How non-stop day and night prayer can transform your community



 **24-7 PRAYER**



Czech team, Modlitby 24-7



Bridgetown Church, USA

Why 24-7 Prayer?

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WELCOME

from Pete Greig

We started the first prayer room back in September 1999, because we had come to the conclusion that prayer is the key to pretty much everything in life, and that, embarrassingly, we were pretty bad at it! So we started praying, and couldn't stop! Then in November 1999, the whole thing went viral and started spreading all over the world. And it hasn't stopped since.

Finding ourselves unexpectedly at the heart of a movement, we began trying to make sense of the wonderful thing God was doing. When we turned to the Bible, we realised that the church itself had begun in a day and night prayer room (why had we never seen that before?!)

Church history is full of it too, from ancient monasteries to the Moravians of Herrnhut (who prayed non-stop for a hundred years) to Azusa Street, the birthplace of Pentecostalism. Throughout history, God has raised up communities like ours, committed to the *laus perennis* (continuous praise and prayer), at times of spiritual and social crisis.

Now, a quarter of a century since that first prayer room, you're holding this resource in your hands. Perhaps because you're curious (or even uncertain) about how non-stop prayer could transform your community. As you read on, listen for the still small voice inviting you to go deeper in prayer. God may be on the brink of drawing you into this adventure for yourself.

Pete Greig,
Founder of 24-7 Prayer



The story so far

When we look at the moves of God that have changed history, prayer is always central. That's how 24-7 Prayer began – with a bunch of people on the south coast of England longing to see God move.

The first 24-7 Prayer Room – an empty room in a renovated warehouse – was sparked by a simple challenge:

“What would happen if we prayed night and day for a whole month?”

And then extraordinary things began to happen. People flocked to the first 24-7 Prayer Room; new Christians and even non-Christians came to talk to God for an hour as if it were the most normal thing in the world. People who didn't even have a faith came into the Prayer Room and felt that God was there.

The first Prayer Room demonstrated that the Holy Spirit not only fills people, but places too. Ancient Celts used the phrase “thin places” to describe where the veil between heaven and earth becomes so thin that prayer flows easily, and the still, small voice of God is heard clearly and powerfully. Over and over, people reported that in the presence of God, one hour in the Prayer Room felt like ten minutes.



The Vision Film

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**"O Jerusalem,
I have posted
watchmen on
your walls;
they will pray
day and night,
continually.
Take no rest,
all you who pray
to the LORD."**

Isaiah 62:6 (NLT)

The Gathering '17, Birmingham, UK



Emmaus Rd, UK

What happened next

We've been praying non-stop ever since that first 24-7 Prayer Room opened in 1999. The 24-7 Prayer movement has spread around the world to over 80 nations, with thousands of communities every year joining the chain of unbroken prayer.

When you look at the way that a solitary prayer room became a thousand prayer rooms, all by accident, the only rational explanation is that God turned up in that first 24-7 Prayer Room and that He has continued to turn up in prayer rooms ever since.

This isn't our idea; it's God's idea. The 24-7 Prayer movement has produced countless expressions of community outreach, social justice, and creative evangelism – all with night and day prayer at their heart, bringing God's people into His presence.

And it's not slowing down.

In fact, we feel the invitation to dream even bigger...

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What does non-stop, night and day prayer look like?

A season of non-stop, night and day prayer provides a place, time, context, and catalyst to join in persistent prayer individually and as a community. Non-stop prayer isn't simply about a place of prayer; it is an attitude that reminds us of a deeper reality: we are called to constant conversation with the God who created us.

"And in him you too are being built together to become a dwelling in which God lives by his Spirit."

Ephesians 2:22 (NIV UK)



Prayer Rooms and Spaces

Prayer Caravan, Czech Republic



We believe that there is significance in devoting a specific time in a specific place to pray; stepping out of your normal routine to make a physical journey – a pilgrimage – to a dedicated place of prayer.

One of the key features of a 24-7 Prayer Room is the creative freedom it offers. It's not prescriptive, and there's no wrong or right way to spend time there.

24-7 Prayer Rooms often incorporate art and creativity into their design, with materials that engage all five senses and offer opportunities to paint, draw, sing, dance, scribble, lie down, read, listen to music, and engage with the Holy Spirit in countless ways. This creativity challenges long-held preconceptions about prayer and helps people to be open to encounter God in fresh ways.

Over the years, we've looked beyond the room. Non-stop prayer has been hosted in caravans, tents, schools, and even buses.

Register

Once you've chosen a space, register your 24-7 Prayer Room online at 24-7prayer.com/register



This gives you access to our online Sign-up Tool, which makes it easy to coordinate community prayer slots and run your Prayer Room yourself.

*Eklesia house church network,
Sweden*



Online Prayer Rooms

We were amazed how God inspired and equipped the rise of online Prayer Rooms during the pandemic. Communities engaged with creative prayer activities online, and shared testimonies and words from God on group chats.

Online Prayer Rooms are a great way to unite communities who may find it difficult to meet in person.

"Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus."

1 Thessalonians 5:16-18 (NIVUK)"

Hybrid Prayer Rooms

Hybrid Prayer Rooms combine a physical space with online access. It's a great way to make your Prayer Room accessible for your whole community.

By sharing photos of prayer rooms and prayer stations, using live-streams on Zoom and even virtual tours of the space, the goal is that everyone - in person or online - experiences a creative space they can fill with prayer.

Learn more about Hybrid Prayer Rooms on our website 24-7prayer.com/hybrid



Join the chain of

non-stop prayer



A guide for first-timers

You only really need three things to create a 24-7 Prayer Room:

1

People who want to pray night and day.

2

Some kind of shared space to pray, which can be physical or virtual.

3

A way to organise time slots so that prayer never stops. When you register your 24-7 Prayer Room, you get immediate access to our sign-up tool for your community, which makes everything really straightforward.

— **It's really that simple!**



Waverley Abbey, UK

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Practicalities

Before you start getting people signed up to your prayer room, there are a few key decisions to make:

Where will you hold your prayer room?

We recommend somewhere that's easily accessible, safe for individuals to be there alone, and with access to toilets and drinking water.

When will you pray?

Give yourselves enough time to prepare, and choose dates when your community will have time to join in and be able to carve out time to be with God.

How long will you pray for?

This completely depends on the size of your community and their hunger for prayer. Remember – build momentum! You want your prayer room to last a length of time that's stretching but is also achievable.



Rotterdam House of Prayer

Register

Once you've registered your Prayer Room, you get access to our sign-up tool, and to a full 'How to Run a 24-7 Prayer Room' guide, as well as support from our Prayer Room team.

Register your prayer room at:
24-7prayer.com/register



What to do next



When people spend time in the Presence of God, anything can happen.

We've seen people experience healing, discover their calling, choose reconciliation, give their lives to Jesus, and get inspired to fight injustice - all because they met God in a Prayer Room.

When you run a 24-7 Prayer Room, you give God space to transform your community. So what are you waiting for?

If you have any questions, please get in touch:
prayersupport@24-7prayer.com



24-7 Prayer Resources

Curious to learn more about the 24-7 Prayer story and the incredible ways God has shown up over the years? Check out Pete Greig's books *Red Moon Rising* and *Dirty Glory*, which tell the stories of the birth and growth of the 24-7 Prayer movement.

We also have resources to help you go deeper in prayer both individually and corporately – from books and video courses to devotional apps and prayer guides.

Learn more at 24-7prayer.com/resources

24-7prayer.com



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